

## Occupational Therapy

At Health 2 You, we understand the unique needs and challenges that come with finding support that suits individuals. We are here to support every step of the way, ensuring their physical well-being and enhancing quality of life.

### Services offered

- Functional Capacity Assessment
- Home Safety & Falls Prevention
- Home Modification & Housing Assessments (e.g. SDA, SIL)
- Wheelchair, Scooter & Assistive Technology Assessment
- Paediatric Assessment & Therapy
- Capacity Building & Living Skills
- Return to Work Skills Training

### Funding schemes:

- ✓ My Aged Care Home Packages
- ✓ National Disability Insurance Scheme (NDIS)
- ✓ Transport Accident Commission (TAC)
- ✓ Private Health Insurance
- ✓ Private self-funded



1300 798 835



HELP@HEALTH2YOU.CO



VIC, AUSTRALIA

# Benefits Of Occupational Therapy

## How OT can help

- ✓ Restores and enhances daily living skills
- ✓ Assists with home modifications
- ✓ Enhances motor skills & cognitive function
- ✓ Addresses sensory processing concerns
- ✓ Assists with adaptive equipment
- ✓ Addresses work & school related concerns
- ✓ Promotes social participation
- ✓ Enhances quality of life & supports independence



# What will happen?



## Before Meeting

After inquiring, you'll hear from us in 2 working days to check we're a good fit



## First Visit

We'll come to you and assess your needs with reference to your home



## After Visit

You'll receive a tailored Occupational Therapy plan to support you

# How to book an appointment?

**We come to you!**  
Request an appointment in the comfort of your home.

You can reach us at  
[health2you.co](https://health2you.co)



Call **1300 798 835**  
or Email [help@healthyou.co](mailto:help@healthyou.co)



**HEALTH 2 YOU**