



Physiotherapy

At Health 2 You, we understand the unique needs and challenges that come with finding support that suits individuals. We are here to support every step of the way, ensuring their physical well-being and enhancing quality of life.

Services offered

- General Physiotherapy
- Neurological and Disability care
- Musculoskeletal Physiotherapy
- Post Operative rehabilitation
- Balance and Mobility
- Many more...

Funding schemes:

- ✓ My Aged Care Home Packages
- ✓ National Disability Insurance Scheme (NDIS)
- ✓ Private Health Insurance
- ✓ Private self-funded



AUSTRALIAN
PHYSIOTHERAPY
ASSOCIATION



myagedcare



1300 798 835



HELP@HEALTH2YOU.CO



VIC, AUSTRALIA

Benefits Of Physiotherapy

How Physiotherapy can help

- ✓ Improves overall strength and coordination
- ✓ Enhances mobility
- ✓ Falls prevention
- ✓ Reduces medication dependency
- ✓ Boosts cardiovascular and lung functioning
- ✓ Increases confidence
- ✓ Enhanced quality of life



Why Health 2 You?



We place client needs at
the centre of all services



We understand the
complexities of support
and make it easy for you



We're experts in working
with individuals of varying
needs

How to book an appointment?

We go to clients!
Request an appointment in
the comfort of their home.

You can reach us at
health2you.co



Call **1300 798 835**
or Email help@healthyou.co



HEALTH 2 YOU